

## Pilot of Drought Reform Measures in Western Australia

Farm planning & Building farm  
Businesses **1800 198 231**  
Drought Assistance hotline **13 23 16**

## General Health

**Health Direct** **1800 022 222**  
24 hour health advice

## Information Services

Department of Agriculture and Food  
Technical information **1300 725 572**

**Commonwealth Care Link** **1800 052 222**  
Aged Care and Youth Disability Services

**Department for Child Protection**  
**1800 622 258**

**Disability Services** **1800 998 214**  
**Commission** (Monday to Friday 8am-5pm)  
**TTY** **9426 9315**

**Parent Information Centre** **1800 654 432**  
[www.parenting.wa.gov.au](http://www.parenting.wa.gov.au) Free Library and  
Parent Information Service for people in the Wheatbelt

**Women's Information Service** **1800 199 174**

**Mens Health - Midwest** **9921 8512**

**Mens Resource Centre (Albany)** **9841 4777**

**Regional Men's Health (Inc)** **9690 2277**

## Emergencies

**Police, Fire, Ambulance 000**

**Police** **131 444**  
Police Assistance nearest station

**Local Police** -Please refer to telephone directory  
**Crime Stoppers** **1800 333 000**

**FESA** (information) **1300 657 209**

**Fire Emergency Services Australia**  
**Geraldton** **1800 207 627**  
**Northam** **1800 671 282**  
**Albany** **1800 687 110**

**Poisons Information Centre** **13 11 26**

24 hour service—seven days a week

- \* Help for children, adults and animals
- \* Inquiries regarding-any ingestion, inhalation, skin & eyes, bites & injected substances, drugs,

YOUR DOCTOR \_\_\_\_\_

LOCAL HOSPITAL \_\_\_\_\_

Compiled with the support of:

- \* Department of Agriculture and Food WA
- \* Department for Child Protection
- \* Wheatbelt Mental Health
- \* Wheatbelt Public Health
- \* Wheatbelt Support Services
- \* Wheatbelt Police District
- \* Regional Men's Health (Inc)

Further Information contact Sally Naughton WMH (Inc),  
Email [menshealth@agric.wa.gov.au](mailto:menshealth@agric.wa.gov.au), Telephone 96902277



# CONTACT NUMBERS FOR FREE SUPPORT AND ASSISTANCE



## Northern, Central and Southern Regions

## Health, Financial and Information Support Directory

Updated 14 September 2010

# Northern, Central and Southern Regions Health, Financial & Information Services Support

## 24 Hour Support

**Crisis Care** 1800 199 008

**TTY (hearing impaired)** 9325 1232

**Mensline Australia** 1300 789 978

Offers information support and referral

**Lifeline** 13 1114

**Family Helpline** 1800 643 000

Counselling and information service for families

**Kids Helpline** 1800 551 800

Counselling service

**Samaritans** 9381 5555

**Countryline** 1800 198 313

**TTY** 9382 8822

When crisis calls, call the Samaritans

**Domestic Violence** 1800 353 122

Helpline (free, confidential support)

**Men's Domestic Violence**

**Helpline** 1800 000 599

Non-judgment phone line for men

**Women's Domestic Violence**

**Helpline** 1800 007 339

Support and counselling for women experiencing domestic violence

**South West Rural** 9751 1077

**Respite Services** (24 Hour)

**Busselton**

## Counselling & Support

### Family Counsellors—rural

Confidential counselling and personal support for any individual couple or family group (a free service)

**Central** (*Corrigin & Districts*) 9889 1244

#### Southern

**Broomehill** (*Darkan, Dumbleyung,*) 9824 1036

*Katanning, Kojonup, Tambellup, Wagin, Woodanilling*

**Mt Barker** (*Borden, Cranbrook, Gnowangerup*) 0427 192 155

*Jerramungup, Mount Barker, Ongerup, Rocky Gully, Tambellup*

**Lake Grace** (*Dumbleyung, KentNewdegate, Wagin*) 0427 441 459

**Wheatbelt** (*Nungarin & Districts*) 9046 5091

**North Midlands** (*Morawa*) 9971 1030

**MidWest** (*Geraldton*) 9921 4477

**MidWest** (*Geraldton Centrecare*) 9921 1433

**Family Relationship AdviceLine** 1800 050 321

Monday to Friday 8.00 am to 8.00 pm

Saturday 10.00 am to 4.00 pm (*except National public holidays*)

### Rural Community Support Service

**Upper Great Southern** (*Narrogin*) 9881 0790

**Central Great Southern** (*Katanning*) 9821 6341

**Lower Great Southern** (*Albany*) 9892 2440

**South West Region** (*Busselton*) 9754 2052

**Wheatbelt Support Services** 9622 5539

(GP Referral Required)

### Ancillary Services

**Avon Youth Services** 9622 2612

(*Goomalling, Toodyay, York*)

Support information and referrals for young people, young mothers and their families in life issues

**Carers WA** 1800 007 332

Provides a "safe place" to express emotion, needs & wants

### Community Drug Service Team

Counselling for people and their families experiencing drug or alcohol problems

**Albany, Katanning, Lake Grace** 9842 8008

**MidWest / Murchison** 9965 2424

**Wheatbelt** 9621 1055

**South West** 9721 9256

## Counselling & Support

**Centrelink** 13 23 16

Income support programs for farmers

**TTY (hearing impaired)** 1800 810 586

### Mental Health Services

Free confidential service for people of all ages

**Albany** 9892 2440

**Bunbury** 9722 1300

**Busselton** 9754 0560

**Geraldton** 9956 1999

**Upper Great Southern** 9881 0700

**Wheatbelt** 9621 0999

**After Hours (Rurallink)** 1800 552 002

**TTY (hearing impaired)** 1800 720 101

### Share & Care Community

**Services** 9622 2828

**Emergency after hours** 0408 937 031

Emergency relief, family assistance, financial counselling, home support service, women's refuge

## Financial Support Services

**Centrelink** 13 23 16

**Farm family income support** 13 23 16

**Farmer Assistance Line** 1800 050 585

**Financial Information Services** 13 2300

**Rural Financial Counselling** 1800 612 004

**Services of WA (Statewide)** or 9964 7033

**Pastoral/Carnarvon** 0439 984 539

**Northern Wheatbelt** 0429 986 188

**Mid West/Nthn Wheatbelt** 0439 984 592

**Central East Wheatbelt** 0439 984 543

**Central Wheatbelt** 0459 986 181

**Central Wheatbelt** 0457 838 970

**Southern Wheatbelt** 0427 986 282

**South West** 0427 986 182